

HUSKY ATHLETIC TRAINING BE THE BEAT

The logo consists of the text "HUSKY ATHLETIC TRAINING" in a bold, yellow, sans-serif font with a green outline, positioned above the larger text "BE THE BEAT" in a similar font. A black heartbeat line with yellow peaks runs horizontally across the middle of the "BE THE BEAT" text. On the right side of the heartbeat line, there is a small, stylized caduceus symbol (a staff with two snakes) in yellow and black.

If your child is injured, the athletic training room opens at 7:45 AM every morning for evaluations and treatments. If an injury occurs during practice, during or after school, and it requires further medical attention, you will be notified. Athletes can also come in during their lunch period or after practice for evaluation and or treatment.

If the athlete requires a non-emergency visit to the doctor and your insurance permits, we suggest Ortho San Antonio. They are the team doctors for Holmes High School. If you would like assistance in setting up an appointment, please feel free to reach out through email @ kristy.aguirre@nisd.net or call 210-397-7023.

Parents will be contacted if an athlete's injury requires further evaluation by a doctor, any type of head injury, or if your athlete requires crutches or a shoulder sling.