

**NORTHSIDE I.S.D.**

**TRAINING ROOM TREATMENT/EVALUATION GUIDELINES**

**No one, regardless of affiliation, is to be denied first aid.**

**Treatments are to be administered only to:**

Student-athletes from a Northside ISD High School or Northside ISD Middle School that are injured during certain school sponsored activities. These activities include:

|               |                         |
|---------------|-------------------------|
| Baseball      | Student Trainers        |
| Basketball    | Student Managers        |
| Cheerleading  | Swimming & Diving       |
| Cross Country | Softball                |
| Football      | Tennis                  |
| Golf          | Track & Field           |
| Volleyball    | Middle School Athletics |

**All of the above must have a current physical on file in order to receive treatment.**

1. Any athlete who is under the care of a physician must provide written documentation of treatment protocol, restrictions, and/or release for return to play.
2. Students who are members of a school sponsored activity who are injured in non-UIL activities (i.e. club sports, open gyms, recreational, dance and pep squad etc.) will only receive first aid care until they are evaluated by a physician. The physician must provide in writing a treatment protocol for the athletic trainer to follow.
3. The Sports Medicine Staff will not treat non-athletic injuries.

**NON-ATHLETIC INJURIES**

Non-athletic injuries will be seen in the Athletic Training Room under the following guidelines:

1. Due to liability concerns, the student-athlete must first see a medical doctor prior to being treated by the Athletic Training Staff.
2. The student-athlete must provide a prescription for treatment/rehabilitation from the medical doctor. The information must be specific as to what type of rehabilitation is to be done.
3. No injuries that are the result of a motor vehicle accident will be seen.