

# HUSKY ATHLETIC TRAINING BE THE BEAT

## Important Dates:

July 29th — Aug 2nd Football Power Camp (no obligations for SATS)

July 30th — AT Workshop 9am—5pm

July 30th — AT Parent Meeting / Family Dinner 6pm

Aug 1st—Volleyball Begins

Aug 5th—9th: Week 1: Freshmen Football Practice

Aug 12th—16th: Week 2: Returning Football Players Begin

Aug 17th—Inter-squad Scrimmage: TBD

Aug 19th—Aug 22nd: Football Week 3—330pm—8pm

Aug 23rd—Football Scrimmage @ San Marcos

### AT Workshop!

Date: July 30th

Location: ATR/LGI/Competition Gym

Time: 9am-5pm

Cost: \$10 (Lunch/Dinner)

#### **TOPICS:**

CPR, Power-Flex, Binders, Heat Illness, Emergency Equipment Removal, Practicing EAP, Proper way to..., Team Building, Who are we, Guest Speaker(s)

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